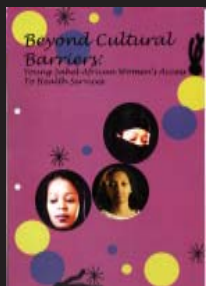


multicultural centre for women's health catalogue



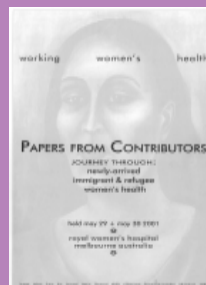
The Multicultural Centre for Women's Health (MCWH) aims to ensure that working women, particularly women from immigrant and refugee communities, have access to the knowledge and information they require to control their health and wellbeing. At its core MCWH is about information exchange—what we like to call our 'woman-to-woman' approach. Information is today's strongest currency. The most valuable information is that which affects our wellbeing. All women need access to this fundamental knowledge bank. We know the value of our resources because we use them in our outreach programs, health information service provision, and professional training. We aim to publish and provide material for immigrant and refugee women and for anyone else interested in their health and wellbeing.



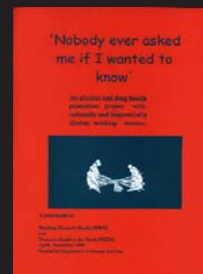
Beyond Cultural Barriers: Young Sahel African Women's Access to Health Services (2003) A Resource Kit that investigates the relationship between young women from the Sahel region of Africa and issues of health—specifically access to services and health concerns. Includes country profiles, project overview, discussion of issues, practical strategies for service providers, and findings on knowledge of health services, relationship with service providers, areas of concern, health promotion needs, and cultural and social issues.



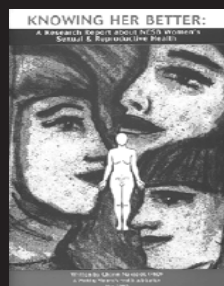
Seamstress: A Report on Health Issues of Women Workers in the Textile, Clothing and Footwear Industries (2000) A comprehensive research report addressing the complex social issues that the changes in the Textile Clothing and Footwear industries have meant for its immigrant workers. Covers a wide spectrum of occupational health issues and measures that can be taken to avoid illness and injury. For those interested in safer working environments and the occupational health and safety of immigrant women workers.



Journey Through: Newly-Arrived Immigrant and Refugee Women's Health Conference Papers, WWH Conference Royal Women's Hospital Melbourne (2001) Valuable insights into why women are migrants and refugees in the first place, and the difficult journey they take once arriving in Australia. Includes papers on mental health, reproductive health, and activism, and recommendations addressing issues like mandatory detention, temporary protection visas, access to services, and trafficked women.



Nobody Ever Asked Me if I Wanted to Know: An Alcohol and Drug Health Promotion Project with Culturally and Linguistically Diverse Working Women (2000) Based on an A&D Pilot Project conducted with immigrant women run by Working Women's Health and Women's Health in the North. Includes practical strategies and recommendations—for health service providers looking to broaden their client base to include immigrant women facing this fundamental health issue.



Knowing Her Better: A Research Report and Training Manual About NESB Women's Sexual & Reproductive Health (2000) The immigrant/refugee experience has specific ramifications for immigrant women's wellbeing. The Health System can exacerbate existing health problems, but perhaps even more damning, create others of its own. Focusing on sexual and reproductive health, this Report and its complementary Training Manual are invaluable resources for health professionals working with immigrant women.



Three D: A Preliminary Report on Sexual and Occupational Health of NESB Women with Disabilities (1999) There are very real demands specific to being an immigrant woman with disabilities attempting to control her own health and wellbeing—and having to navigate the Health System to meet these imperatives. Along with these specific needs, immigrant women with disabilities of course share other needs in common with all health system users. *Three D* focuses on sexual and occupational health.

multicultural centre for women's health: well read about immigrant women's health and wellbeing!

p u b l i c a t i o n	quantity cost (prices include gst & postage)	order details
★ <i>Beyond Cultural Barriers: Young Sahel African Women's Access to Health Services</i> (2003) \$22.00 MCWH members \$25.30 non-members	★ \$	name: organisation:
★ <i>Journey Through: Newly-Arrived Immigrant and Refugee Women's Health Conference Papers, WWH Conference Royal Women's Hospital Melbourne</i> (2001) \$22.00 MCWH members \$25.30 non-members	★ \$	email: telephone:
★ <i>Knowing Her Better: A Research Report and Training Manual About NESB Women's Sexual & Reproductive Health</i> (2000) \$28.00 MCWH members \$33.00 non-members	★ \$	fax: address:
★ <i>Seamstress: A Report on Health Issues of Women Workers in the Textile, Clothing and Footwear Industries</i> (2000) \$22.00 MCWH members \$25.30 non-members	★ \$	please invoice me: <input type="checkbox"/> yes <input type="checkbox"/> no (circle preferred option)
★ <i>Nobody Ever Asked Me if I Wanted to Know: An Alcohol and Drug Health Promotion Project with Culturally and Linguistically Diverse Working Women</i> (2000) \$14.00 MCWH members \$16.50 non-members	★ \$	please send cheques payable to: multicultural centre for women's health suite 207, level 2, carringbush building, 134 cambridge street, collingwood vic 3066.
★ <i>Three D: A Preliminary Report on Sexual and Occupational Health of NESB Women with Disabilities</i> (1999) \$9.00 MCWH members \$11.00 non-members	★ \$	women become mcwh members!
★ contact us for these FREE publications: <i>Working Well</i> (MCWH Newsletter) <i>MCWH Annual Report</i> <i>Multilingual Information Sheets</i>	total cost :	please send me information on mcwh membership: <input type="checkbox"/> yes <input type="checkbox"/> no (circle preferred option)
mcwh: putting immigrant women's health first!	contact mcwh! tel: 03 9418 0999 email: info@mcwh.com.au fax: 03 9417 7877 address: suite 207, level 2, carringbush building, 134 cambridge street, collingwood, victoria 3066.	