

welcome to the mcwh
multilingual resource collection!

February 2009

urdu collection topics list 1

Women's Health

- Cystitis
- Nutrition
- Osteoporosis
- Menstruation:
Painful and Heavy Periods
- Pap Smear/Tests

General Health

- Child Development
- Diabetes
- Exercise
- Heart Health
- HIV/AIDS
- Insomnia
- Sexual Health:
STIs

Occupational Health & Safety

- Health and Hygiene



contact: multicultural centre for women's health
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website: www.mcwh.com.au fax: 03 9417 7877

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urdu collection topics list 2

Social Health

- Drugs and Alcohol:
Amphetamine Sulphate
Antibiotics
Cannabis
Cocaine
Crack
Ecstasy
Heroin
LSD
Smoking
Solvents
- Mental Health:
Mental Illness
Panic Attack
Stress
- People's Charter for Health



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