

welcome to the mcwh  
**multilingual** resource collection!

February 2009

**farsi collection** topics list 1

**Women's Health**

- Abortion
- Breastfeeding
- Contraception
- Menstruation:  
*PMS/PMT*
- Pap Smear/Tests
- Rubella

**General Health**

- Child Development
- Cholesterol
- Exercise
- Healthy Heart
- Nutrition
- Sexual Health:  
*STIs*
- Sexuality
- Tuberculosis

**Occupational Health & Safety**

- Complaints Guide
- Workers' Rights



contact: multicultural centre for women's health  
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## farsi collection topics list 2

### Social Health

- Centrelink Information
- Drugs and Alcohol
  - Amphetamine Sulphate*
  - Cannabis*
  - Cocaine*
  - Crack*
  - Ecstasy*
  - Heroin*
  - LSD*
  - Solvents*
- Medicare
- Mental Health:
  - Depression*
- People's Charter for Health
- Temporary Protection Visas
- Violence
- Welcome to Victoria



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